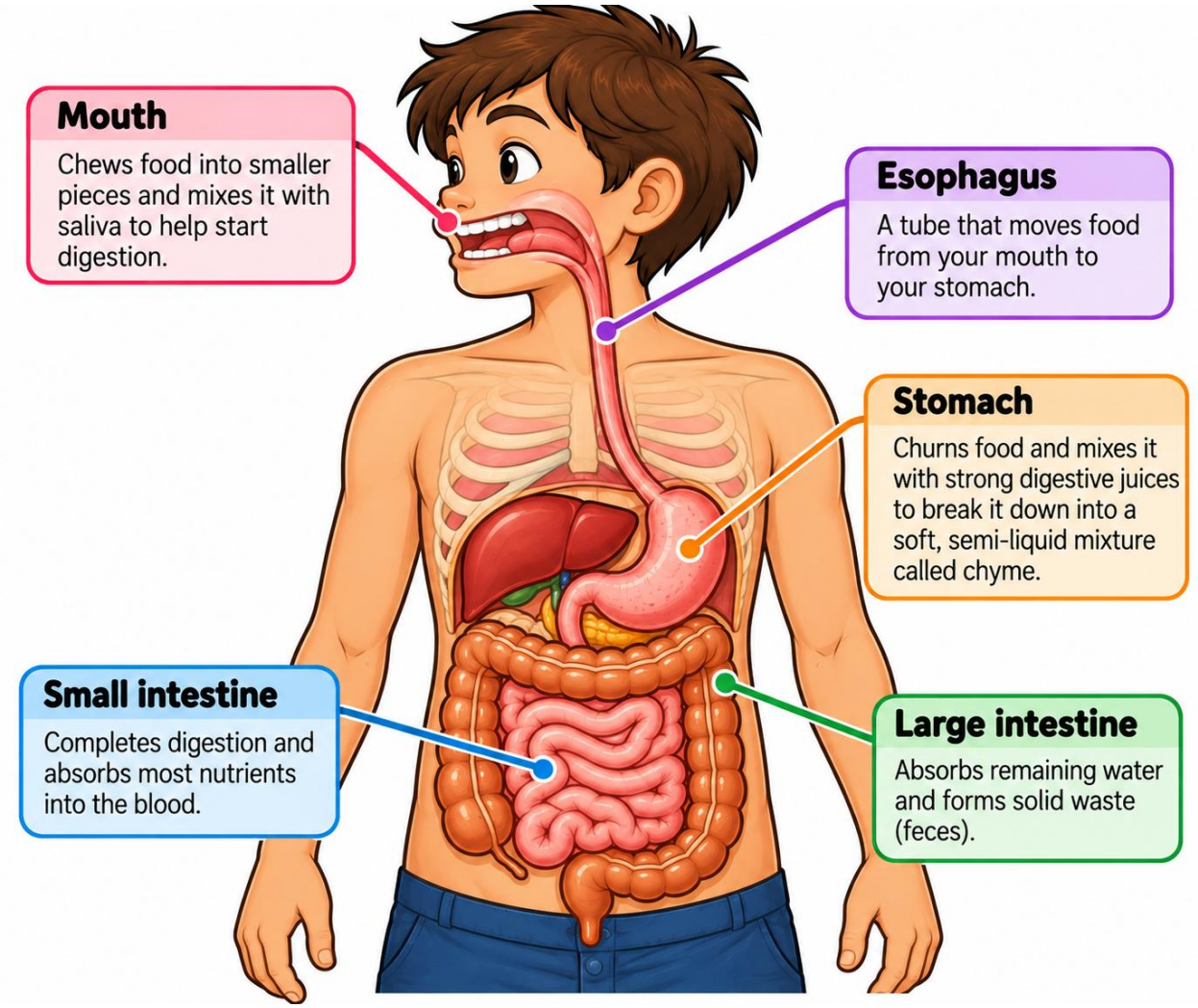
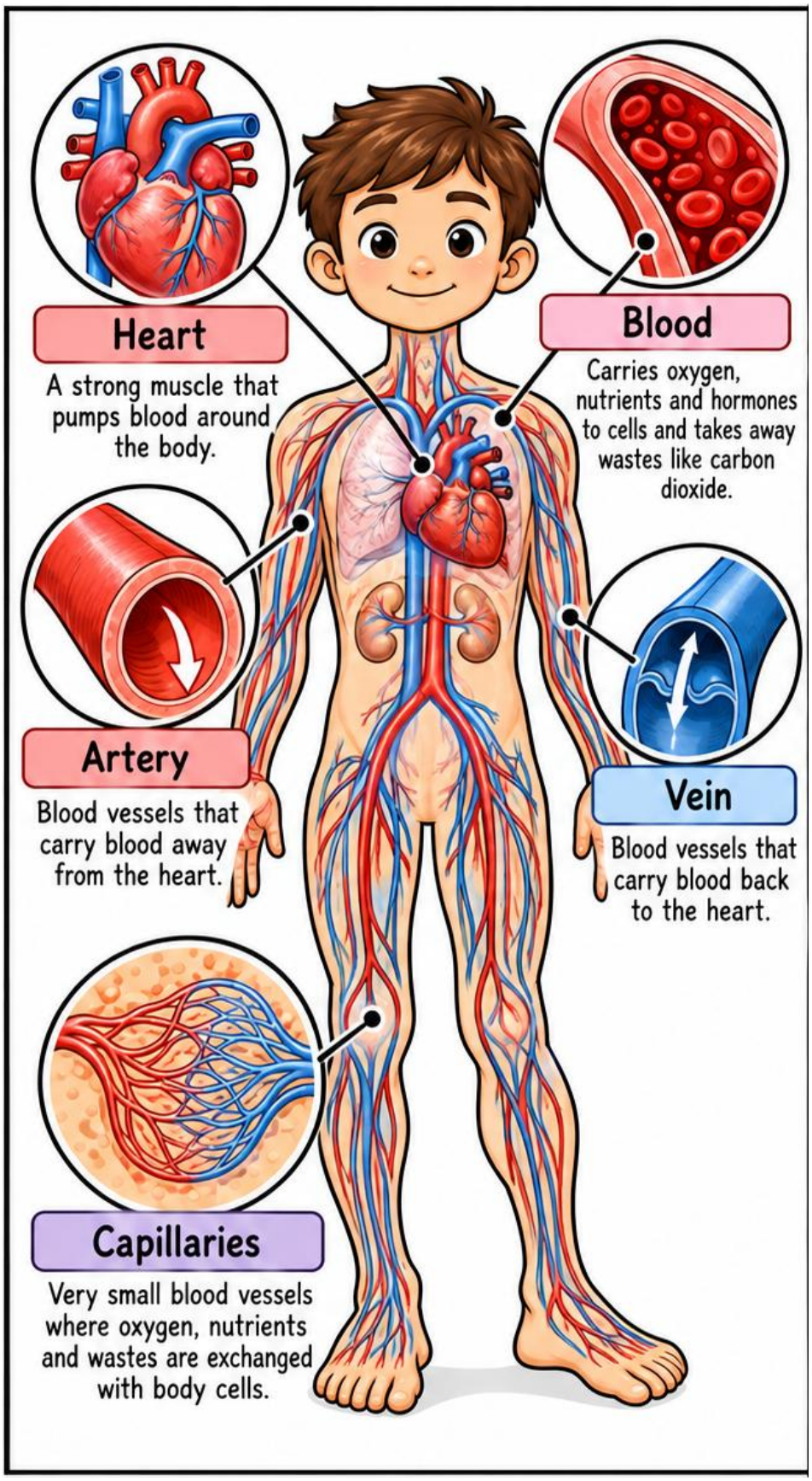
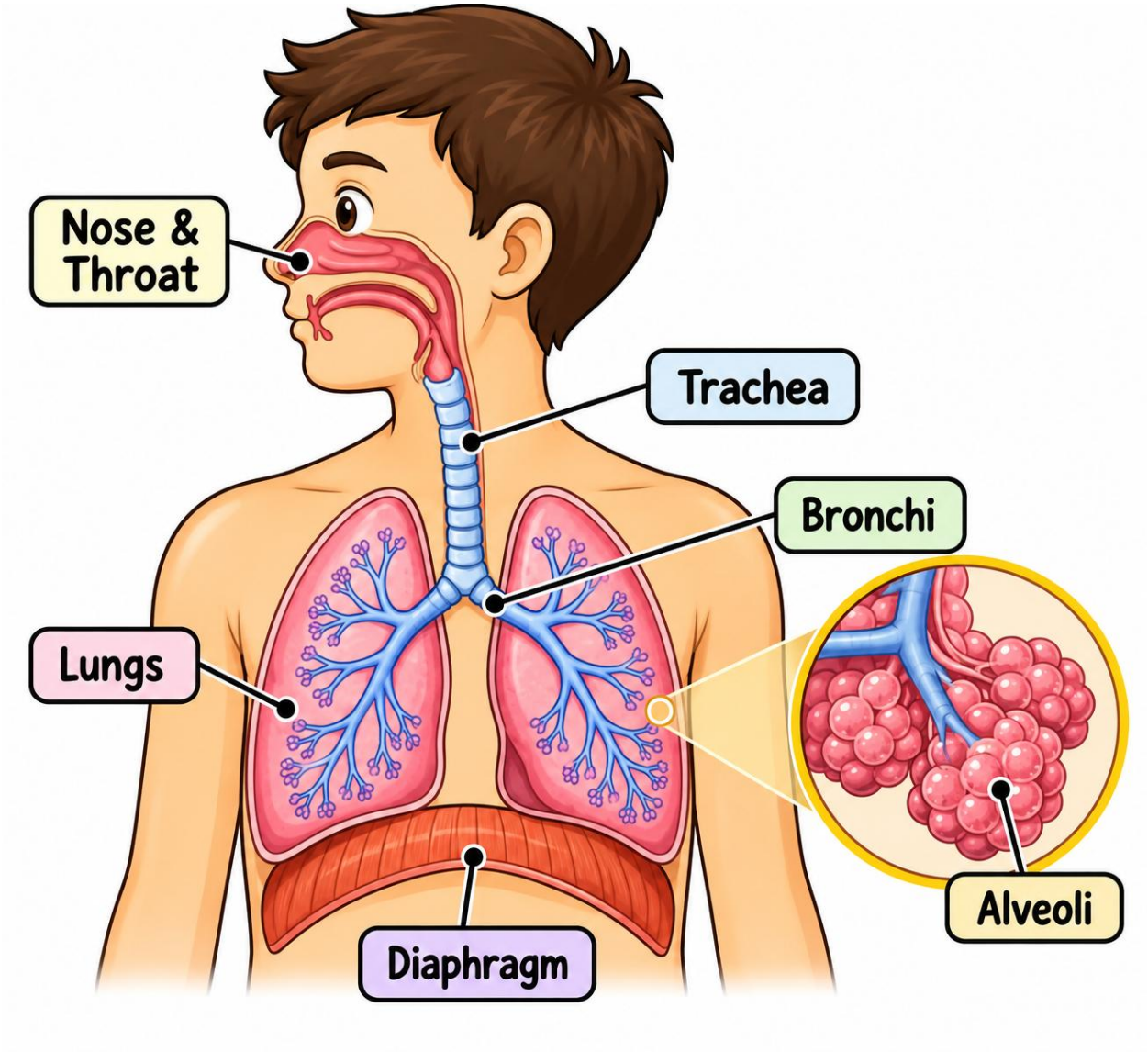
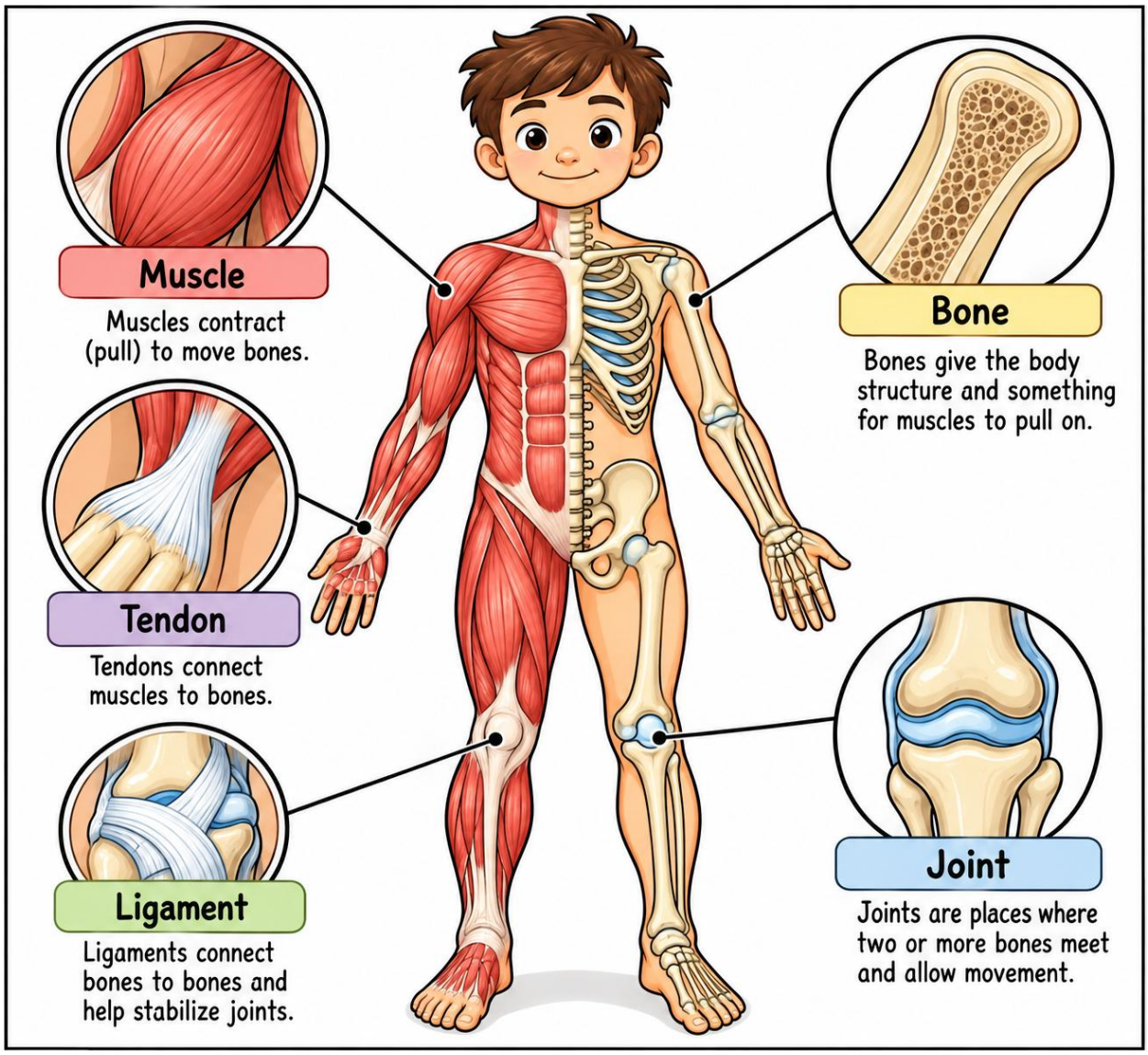

Mouth
Chews food into smaller pieces and mixes it with saliva to help start digestion.
Esophagus
A tube that moves food from your mouth to your stomach.
Stomach
Churns food and mixes it with strong digestive juices to break it down into a soft, semi-liquid mixture called chyme.
Small intestine
Completes digestion and absorbs most nutrients into the blood.
Large intestine
Absorbs remaining water and forms solid waste (feces).


Heart
A strong muscle that pumps blood around the body.
Blood
Carries oxygen, nutrients and hormones to cells and takes away wastes like carbon dioxide.
Artery
Blood vessels that carry blood away from the heart.
Vein
Blood vessels that carry blood back to the heart.
Capillaries
Very small blood vessels where oxygen, nutrients and wastes are exchanged with body cells.


Nose & Throat
Trachea
Bronchi
Lungs
Alveoli
Diaphragm


Muscle
Muscles contract (pull) to move bones.
Tendon
Tendons connect muscles to bones.
Ligament
Ligaments connect bones to bones and help stabilize joints.
Bone
Bones give the body structure and something for muscles to pull on.
Joint
Joints are places where two or more bones meet and allow movement.