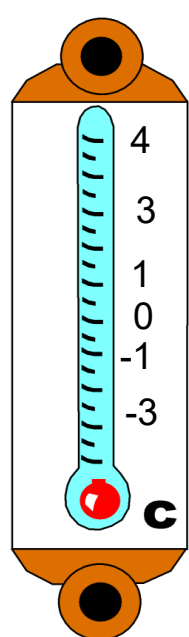




Exercise Your Brain

## Warm Up Grade 7

Sept. 14, 2026



From this list: +7, -3, -4, -2, +3, 0, -7, +11

a) Which number(s) are opposite integers? Why?

(+7), (-7) And (-3), (+3)

Same #  
Different  
Sign

b. Which numbers are not opposite integers?

(-4), (-2), 0, (+11)

## #2) Write an integer for the following situation:

- A person walks up 8 flights for stairs

(+8)

- An elevator goes down 7 floors

(-7)

- The temperature falls by 7 degrees

(-7°)

- Josh deposits \$110 dollars in the bank

(+\$110)

- The peak of the mountains is 1123 m above sea level

(+123 m)

# Homework solutions



#5(abcd)  
#6ace  
#7ab  
9abcd  
10a

1a)  is - 7

1c)  is +4

2a) -6 is 

2c) +5 is 

5a) dug 1m is -1m

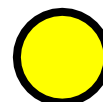
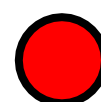
5b) deposited \$50 is +\$50

5c) a plane an altitude of 11 000m is +11 000m

5d) Submarine at depth of 400m is -400m

6. Use an integer to represent each situation.

Then use yellow or red tiles to model each integer. Draw the tiles.



a) 12°C below zero

b) 10 m above sea level

c) 9 s before take-off

d) a drop of \$2 in the price of a movie ticket

e) a parking spot 5 levels below ground level

7. Describe a situation that could be represented by each integer.

a) 125

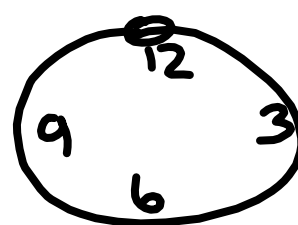
b) -22

c) -900

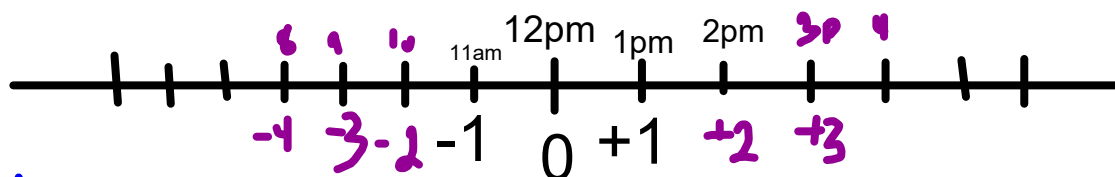
d) 42 000

e) 4

9) Bonus 0 is 12 noon



a) 1pm  
↳ 1 Right



9a) 1pm is +1

9b) 10am is -2

9c) 12 midnight is -12 (since same day)

9d) 10pm previous day ∴ -14



10. Statistics Canada reported these data about Canada's population.

| Years     | Births    | Deaths    | Immigration | Emigration |
|-----------|-----------|-----------|-------------|------------|
| 1961-1966 | 2 249 000 | 731 000   | 539 000     | 280 000    |
| 1996-2001 | 1 705 000 | 1 089 000 | 1 217 000   | 376 000    |

- a) Which numbers can be represented by positive integers? By negative integers? Explain your choices.  
b) Choose one time period. Use a number line to explain the relationship between births and deaths.



The difference between “immigrate” and “emigrate” is that “immigrating” is the act of entering a foreign country to live while “emigrating” is the act of leaving a country to live in another.

Birth & Immigration causes population to increase so it is +

Death & emigration causes population to decrease so it is -

LESSON

9

Comparing and Ordering Integers

Elevation is the height above or below sea level. Elevation influences climate and how people live. For example, crops will not grow at elevations above 5300 m.

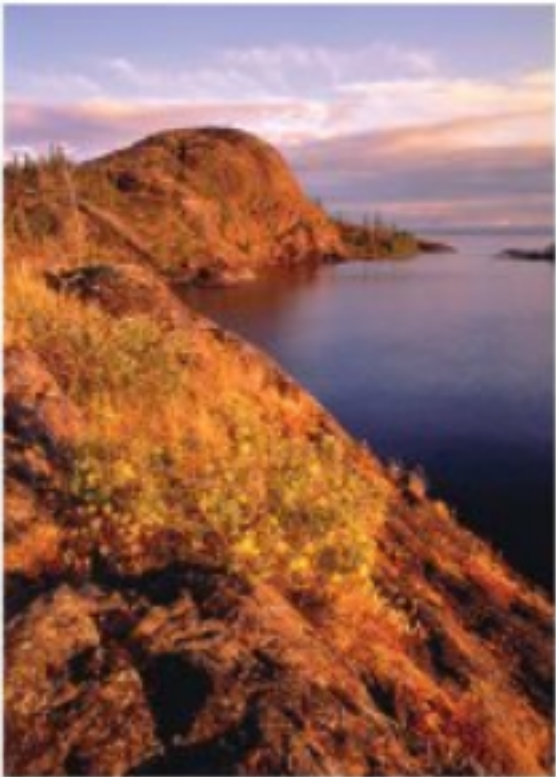


Explore



Here are some examples of extreme elevations around the world.

| Place                              | Elevation                  |
|------------------------------------|----------------------------|
| Vinson Massif, Antarctica          | + 4897 m above sea level   |
| Dead Sea, Israel/Jordan            | - 411 m below sea level    |
| Bottom of Great Slave Lake, Canada | - 458 m below sea level    |
| Mt. Nowshak, Afghanistan           | + 7485 m above sea level   |
| Challenger Deep, Pacific Ocean     | - 10 924 m below sea level |



Great Slave Lake, NWT

Watch your signs



Order *all* the elevations from least to greatest.

$(-10\,924\text{ m})$ ,  $(-458\text{ m})$ ,  $(-411\text{ m})$ ,  $(+4\,897\text{ m})$ ,  $(+7\,485\text{ m})$

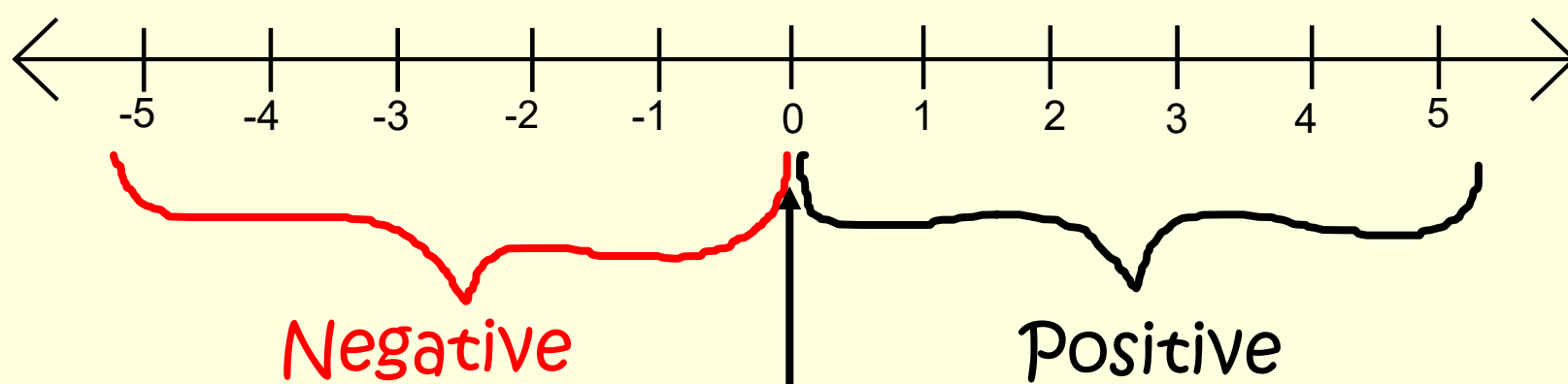
Show and Share

What strategies did you use to order the elevations? What other ways could you display these data to show the different elevations?

copy

## Comparing and Ordering Integers

A basic integer number line has all of the negative integers ~~located to the left of zero~~ and all of the positive integers ~~located to the right of the zero~~.



**\*\*** Note the number zero is neutral and therefore is considered neither negative nor positive.

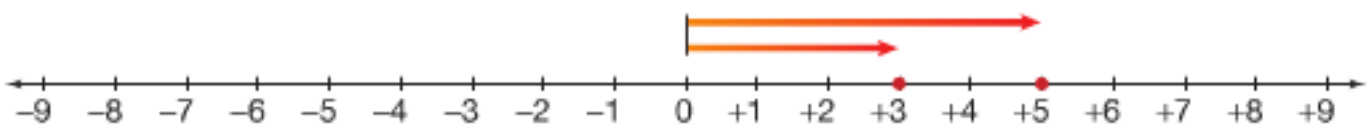
Copy only the underlined yellow

Connect

We can use a number line to order integers.  
► We use the symbols > and < to show order.  
The symbol points to the lesser number.

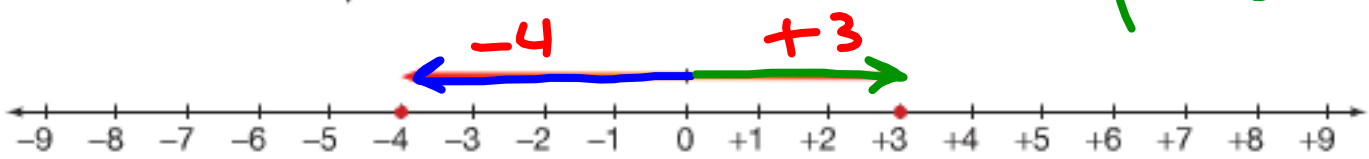
Symbol  
> and <

copy this  
big mouth > small mouth  
big number < small number



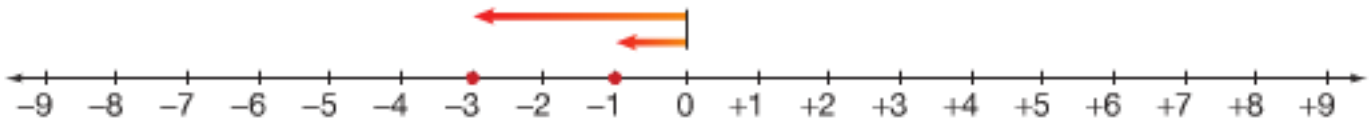
+5 is to the right of +3 on a number line.  
+5 is greater than +3, so we write:  $+5 > +3$   
+3 is less than +5, so we write:  $+3 < +5$

$(-4) < (+3)$



+3 is to the right of -4 on a number line.  
+3 is greater than -4, so we write:  $+3 > -4$   
-4 is less than +3, so we write:  $-4 < +3$

$(-3) < (-1)$   
Big



-3 is to the left of -1 on a number line.  
-3 is less than -1, so we write:  $-3 < -1$   
-1 is greater than -3, so we write:  $-1 > -3$

Copy  
Fill in the blank with < or >

8 > -8

*Better  
Bigger*

+9 > -2

*Bigger*

+3 = 3

*understood ⊕*

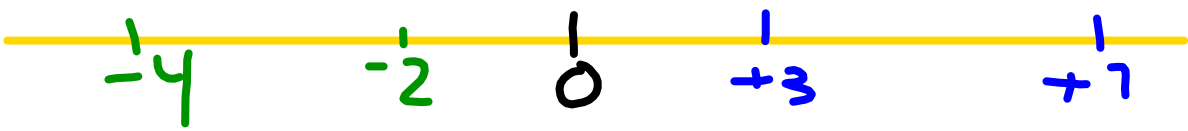
+10 > +4

*Better &  
Bigger*

Let's try together

Order the following numbers on a number line then rewrite from smallest to largest (ascending)

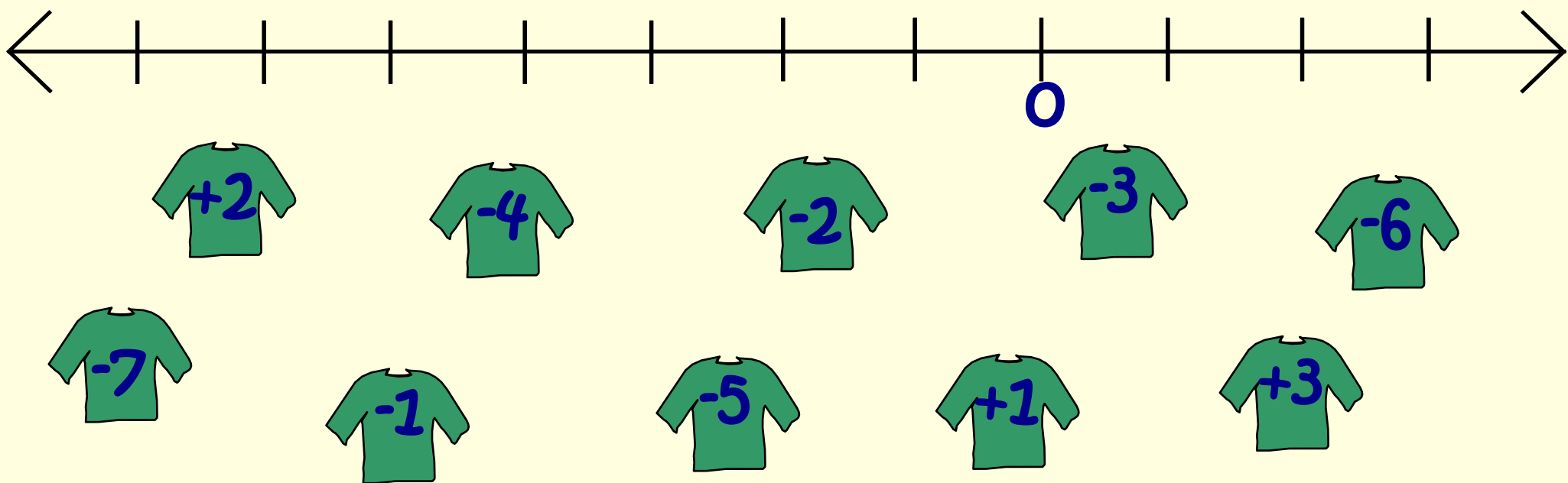
+7, -2, +3, 0, -4  
-4, -2, 0, +3, +7



Hint:  
draw a standard  
#line then place  
dots over the  
indicated integers

See if you can hang the integers below in their correct position on the integer line.

L  
SEP



Remove to reveal the correct answer

Ordering Integers

Are you are able to put the following set of integers in order from least to greatest ?

Use the blanks provided to display your answer.

I think money (who owes the most?)

\_\_\_\_\_

+4            -5            -2            +9            -17            -8            +6            0

Move this box to reveal the correct order.

Do we need another ?

Put the numbers in order from **greatest to least**. (Descending)

~~+8~~, -2, -8, ~~+3~~, ~~+9~~, -10, ~~+4~~, -1

(+9), (+8), (+4), (+3), (-1), (-2), (-8), (-10)

Class/Homework (OLD gr 6 BOOK)

Page 80-81

#2a,b,c

#7(abcf)

#3a,d

#9ac

#6 ~~x~~,b

#10 (ac)



2)

|    |
|----|
| 5  |
| 4  |
| -1 |
| -1 |
| -4 |
| -7 |

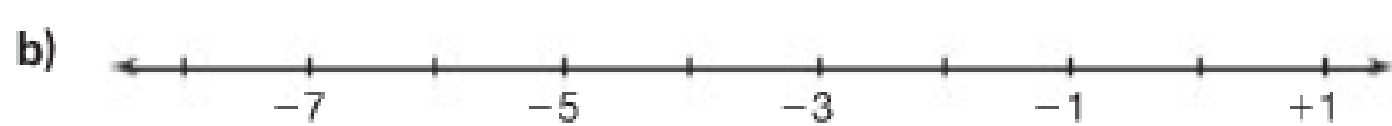
- a) 5, 4, 1
- b) -1, -4, -7
- c) (-1, 1)  
(-4, 4)

if we need more #11, 12ab, #13

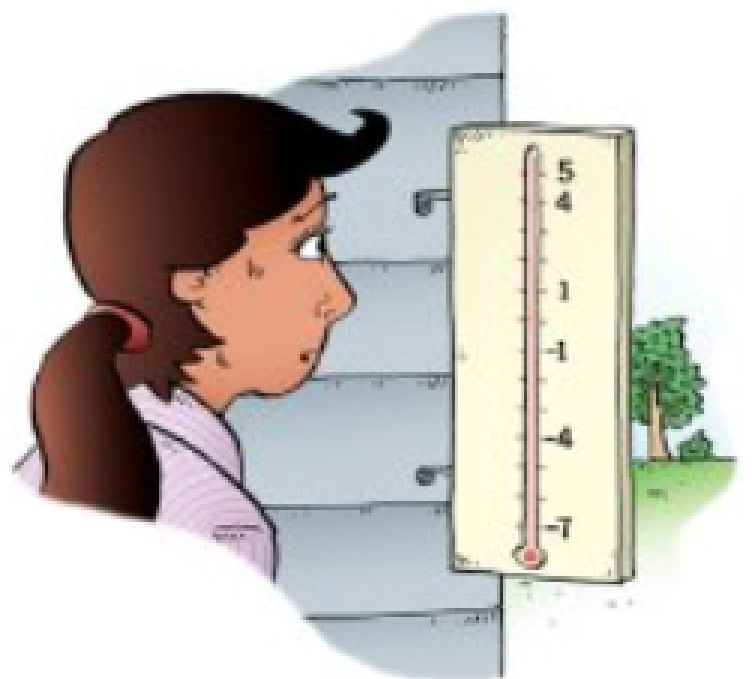
3)a (4, 4), > 3  
Bigger

## Practice

1. Copy each number line. Fill in the missing integers.



2. Six temperature markings are shown on the thermometer.
- a) Which temperatures are greater than  $0^{\circ}\text{C}$ ?
  - b) Which temperatures are less than  $0^{\circ}\text{C}$ ?
  - c) Which temperatures are opposite integers?
- How do you know?



3. Which integer is greater? How did you find out?

a)  $+4$ ,  $+3$

b)  $+4$ ,  $-3$

c)  $-4$ ,  $+3$

d)  $-4$ ,  $-3$

4. Mark each set of integers on a number line.

Use the number line to order the integers from least to greatest.

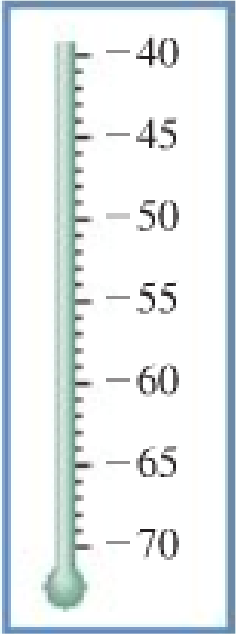
a)  $+5, +13, +1$    b)  $-3, -5, -4$    c)  $+4, -2, +3$

5. Use a number line. Order the integers in each set from greatest to least.

**a)**  $+4, +1, +8$     **b)**  $-7, -5, -3$     **c)**  $0, +4, -4$

6. This table shows the coldest temperatures ever recorded in 6 provinces and territories.
- a) Draw a thermometer like the one shown.  
Mark each temperature on it.

| Province/<br>Territory | Coldest<br>Temperature<br>(°C) |
|------------------------|--------------------------------|
| Alberta                | −61                            |
| Manitoba               | −53                            |
| Nova Scotia            | −47                            |
| Nunavut                | −64                            |
| Ontario                | −58                            |
| Quebec                 | −54                            |



Dog Sledding in Nunavut

- b) Order the temperatures in part a from least to greatest.  
How can you use your thermometer to do this?

7. Copy and complete by placing  $<$ ,  $>$ , or  $=$  between the integers.  
Then, use a number line to verify your answer.

a)  $+5$    $+10$

b)  $-5$    $-10$

c)  $+5$    $5$

d)  $-6$    $0$

e)  $-5$    $-4$

f)  $10$    $-11$

g)  $-8$    $-4$

h)  $-8$    $-8$



8. Look at the integers in the box.

a) Which integers are:

i) greater than 0?

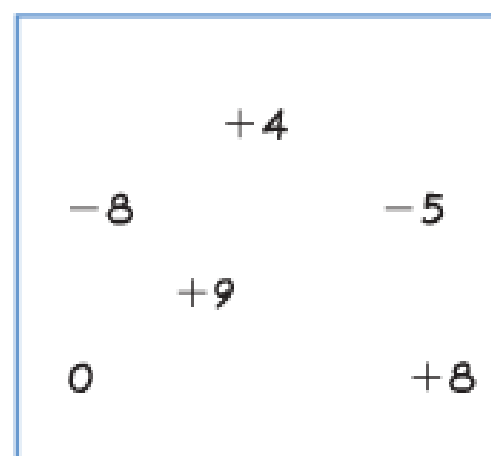
ii) between  $-3$  and  $+3$ ?

iii) greater than  $-10$  and less than  $-5$ ?

iv) less than  $+1$ ?

b) What other questions can you ask about these integers?

Write down your questions and answer them.



9. Order the integers in each set from least to greatest.

a)  $+5, -5, +4, +2, -2$

b)  $-8, -12, +10, 0, -10$

c)  $+41, -39, -41, -15, -25$

d)  $+1, -1, +2, -2, +3$

10. Order the integers in each set from greatest to least.

a)  $-7, +8, -9, +10, -11$

b)  $-18, 16, -11, -4, +6$

c)  $0, +1, +2, -1, -2$

d)  $+14, -25, -30, +3, -10$

11. On January 16, 2008, these temperatures were recorded in Canada.

| Place              | Temperature | Place                | Temperature |
|--------------------|-------------|----------------------|-------------|
| Lethbridge, AB     | −16°C       | Iqaluit, NU          | −29°C       |
| La Ronge, SK       | −27°C       | Dawson City, YT      | −26°C       |
| Hay River, NWT     | −29°C       | Prince George, BC    | −6°C        |
| Campbell River, BC | 0°C         | Ste. Rose du Lac, MB | −17°C       |

Which place was the warmest? The coldest? How did you find out?

12. a) Which of these integers are greater than  $-6$ ? How do you know?  
 $-3, +2, -7, -5$
- b) Which of these integers are less than  $-3$ ? How do you know?  
 $+2, -11, +3, -2, -4$

13. You know that 8 is greater than 3. Explain why  $-8$  is less than  $-3$ .